

## **BREASTFEEDING WEEK AWARENESS PROGRAM**

**Theme for the event was "Transforming Breastfeeding: A Shared Responsibility."**

The Breastfeeding Week Awareness Program, organized by Narayana College of Nursing and coordinated by the Child Health Nursing Department, was held from August 1st to 7<sup>th</sup> 9:00 AM to 12:00 PM at Narayana Medical College and Hospital in 2022. The objective was to promote the significance of breastfeeding for infant health and well-being. The theme for the event was "Transforming Breast feeding A Shared Responsibility. "The program included expert sessions, breastfeeding demonstrations, and distribution of pamphlets and informational materials. The outcome was an increased understanding of proper breastfeeding practices and better support for mothers. It successfully encouraged community involvement in fostering breastfeeding as a crucial aspect of child development.



## **IMMUNIZATION PROGRAM**

**Theme for the program was "Long Life for All: Vaccinate,"**

The Immunization Awareness Program, organized by Narayana College of Nursing and coordinated by the Child Health Nursing Department, was held from March 10<sup>th</sup> 9:00 AM to 12:00 PM at OPD, Narayana Medical College and Hospital in 2022. The primary objective was to raise awareness about the critical role of immunization in preventing serious diseases in children and to ensure timely vaccinations. The theme for the program was "Long Life for All: Vaccinate," focusing on universal immunization as a means to ensure a healthier future. The event included expert talks, interactive discussions, and distribution of educational materials. The outcome was an increase in the community understands of vaccine safety and immunization schedules. It empowered parents and caregivers to take proactive steps toward protecting their children's health.



## SAVE GIRL CHILD PROGRAM

**Theme for the event was "Every Girl Deserves a Future."**

The "Save the Girl Child" Awareness Program, organized by Narayana College of Nursing and coordinated by the Child Health Nursing Department, was held from January 24<sup>th</sup> 9:00 AM to 12:00 PM. At III floor, auditorium, NCON 2022. The objective was to highlight the significance of protecting the rights of girls and ensuring their well-being. The theme for the event was "Every Girl Deserves a Future." The program featured educational sessions on the importance of girls' education, health, and safety, along with discussions on ending gender discrimination. The outcome was an increased understanding of the challenges faced by girls and the importance of their protection. It encouraged the community to take an active role in supporting girls' rights and empowerment.



## SCHOOL HEALTH PROGRAM

**Theme for the program was "Empowering Children for a Healthier Tomorrow."**

The School Health Program, organized by Narayana College of Nursing and coordinated by the Child Health Nursing Department, was held from April 10<sup>th</sup> 9:00 AM to 12:00 PM at primary school kakatur village, Venkatachalam mandalam, 2022. The objective was to educate school children about the importance of hygiene, nutrition, and preventive healthcare. The theme for the program was "Empowering Children for a Healthier Tomorrow." The event included health screenings, educational sessions on healthy lifestyles, and interactive discussions on mental well-being. The outcome was enhanced awareness of the significance of maintaining good health. It successfully encouraged students and their families to adopt healthier practices for a better future.





## SCHOOL HEALTH SCREENING PROGRAM

**Theme for the program was "Health First: Building Strong Foundations."**

The School Health Screening Program, organized by Narayana College of Nursing and coordinated by the Child Health Nursing Department, was held from April 25<sup>th</sup> 9:00 AM to 12:00 PM at primary school, TP Gudur, Nellore 2022. The objective was to screen school children for common health issues and promote awareness about maintaining good health. The theme for the program was "Health First: Building Strong Foundations." The event featured comprehensive health check-ups, including physical, dental, and vision screenings, alongside educational sessions on nutrition and hygiene. The outcome was the early detection of health concerns and improved awareness of healthy habits among students. It successfully encouraged proactive health management within the school community.



## SPECIAL NUTRITIONAL PROGRAM

**Theme for the event was "Nourishing the Future: Special Nutrition for Healthier Lives."**

The Special Nutritional Program, organized by Narayana College of Nursing and coordinated by the Child Health Nursing Department, was held from September 1<sup>st</sup> 9:00 AM to 12:00 PM at Narayana Medical College and Hospital in 2022. The objective was to educate parents and caregivers about the importance of specialized nutrition for children's growth, particularly in addressing malnutrition and other health concerns. The theme for the event was "Nourishing the Future: Special Nutrition for Healthier Lives." The program featured expert talks, interactive sessions on nutrient-rich foods, and demonstrations on preparing healthy meals. The outcome was heightened awareness of the role of nutrition in preventing childhood diseases and promoting growth. It empowered families to make informed dietary choices for better child health.

